

Lab Descriptions & Costs

| Common Lab | What's This For? | Cost |
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| Rapid Strep (Group A) | Throat swab testing for strep; results in minutes | \$40.00 |
| RSV | Nasal swab identifies Respiratory Syncytial Virus | \$50.00 |
| Rapid COVID & Flu (A/B) | Detects COVID19, Influenza A&B in the office with one swab | \$75.00 |
| ABO Group & RH Type | Find your blood type and RH status | \$25.00 |
| Amylase + Lipase | Digestive enzymes made by your pancreas | \$13.00 |
| Anticardiolipin Antibodies (ACA), IgA, IgG, IgM, Quantitative | Can be used to detect autoimmune disorders like lupus, or blood clotting disorders that can be the cause of recurrent miscarriage | \$85.00 |
| Bacterial Vaginosis (BV) | Vaginal swab used to diagnose a vaginal bacterial infection; done in office; results within minutes | \$40.00 |
| Basic Metabolic Panel | Tests the health of your kidneys, electrolyte levels, and glucose levels | \$25.00 |
| Basic Thyroid Panel with TSH | Get a complete look at the health of your thyroid | \$35.00 |
| BNP | Assess heart function, monitor degree of heart failure | \$50.00 |
| CBC w/dif | Looks at white blood cells and red blood cells, indicates potential infections or anemias | \$25.00 |
| Celiac Antibodies Profile | Test for gluten intolerance | \$120.00 |
| Chlamydia, Gonorrhea & Trichomonas | Sexually transmitted infections | \$150.00 |
| Comprehensive Metabolic Panel | Test the health of your kidneys, electrolyte levels, and glucose levels (like the BMP) in addition to liver health | \$25.00 |
| C-Reactive Protein | Indicates inflammation | \$25.00 |
| Cortisol | Stress hormone produced by the adrenal glands | \$99.00 |
| DHEA-S | A hormone produced by adrenal glands in both men & women; precursor to testosterone; also plays a role in estrogen production; could be used to assess fertility concerns | \$35.00 |
| ESR | Indicator of inflammation in the body | \$25.00 |
| Estradiol | Blood test, most potent form of estrogen in the body | \$25.00 |
| Estrogen | Hormone that plays a role in many key functions/processes in the body | \$32.00 |
| Factor V Leiden | A genetic mutation that makes it more likely for blood to clot, may be used to assess cause of repeated miscarriages | \$175.00 |
| FSH & LH | Hormones produced by the pituitary gland that play crucial roles in the reproductive system; may be used to assess recurrent miscarriages | \$45.00 |
| Gynecologic Pap Test (IG) + HPV | Examines cervical cells for abnormalities and human papillomavirus | \$110.00 |
| HCG/Preg Test | Detects hormone hCG in blood, primarily to confirm pregnancy and track its progression | \$25.00 |
| Hepatic Panel | Blood test for liver health/ function | \$25.00 |
| Hemoglobin (Hb) A1c with eAG | Average blood sugar over the previous 3 months; assess diabetes risk | \$25.00 |
| Herpes Simplex Virus (HSV), Type 1 & 2 | Detects antibodies, indicating a past or present infection and differentiates between the two types | \$175.00 |
| HIV - 1 & 2 | Detects the presence of the virus and differentiates between the two types | \$50.00 |
| Homocysteine | Elevated levels are linked to vitamin deficiencies, blood vessels damage, and increase the risk of blood clots, heart disease, and stroke | \$35.00 |
| Iron Panel | Assess for iron deficiency anemia and iron stores | \$35.00 |
| Lead | There is no safe level of lead - elevated levels can lead to various health issues such as brain development in children and kidney damage and increased blood pressure in adults | \$40.00 |
| Lipase | Pancreatic health | \$25.00 |
| Lipid Panel w/Ratios | Measures levels of fats in your blood in addition to differentiating good and bad cholesterol; tells us about cardiovascular risks | \$25.00 |
| LIPID Panel/Cholesterol | Measures levels of different fats in your blood | \$25.00 |
| Liver Fibrosis Risk Profile | Liver health | \$50.00 |
| Lyme (IgG, IgM) | Detects Lymes disease, even within first 30 days of infection; will indicate new vs longstanding disease | \$60.00 |
| Magnesium | An essential mineral that plays a vital role in numerous bodily functions, including muscle/nerve function, blood sugar regulation, and blood pressure control; also crucial for making protein, bone, and DNA. | \$25.00 |

| MTHFR | A gene that helps process folate | \$110.00 |
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| Phosphorus | Vital mineral for healthy bones, teeth, and energy production | \$25.00 |
| Plasminogen Activation Factor | An enzyme that plays a role in breaking apart blood clots | \$80.00 |
| Progesterone | Hormone important for maintaining a health pregnancy, having a healthy cycle, and affects mood | \$30.00 |
| Prolactin | Hormone primarily known for its role in lactation (milk production) and breast development | \$25.00 |
| PSA | Indicator of prostate health | \$25.00 |
| PT/PTT | Assess time it takes for blood to clot | \$25.00 |
| SHBG | A protein produced in the liver that binds to sex hormones like testosterone and estradiol, regulating their availability in the body | \$35.00 |
| Sjögren's antibody (SS-A, SS-B) | Sjögren's syndrome, the body's immune system mistakenly attacks these proteins, producing antibodies | \$75.00 |
| SneakPeek | Blood draw for early gender reveal as soon as 6 weeks | \$100.00 |
| Syphilis | Blood test looking for antibodies in response to the syphilis bacteria | \$45.00 |
| Testosterone Total | Key indicator of hormone balance | \$30.00 |
| Total and Free Testosterone | FREE-testosterone that is not bound to proteins and is readily available for the body to use | \$45.00 |
| Thyroid Peroxidase Antibodies | A type of antibody the immune system produces against an enzyme involved in thyroid hormone production; elevated levels = autoimmune thyroid diseases like Hashimoto's thyroiditis and Graves' disease | \$25.00 |
| Urine Analysis w/culture | Check for urinary tract infections and which bacteria are growing | \$25.00 |
| Uric Acid | High levels can lead to gout/kidney stones; byproduct of purine breakdown | \$20.00 |
| Vitamin D | Vitamin essential for bone and muscle health, often deficient | \$45.00 |
| Functional Testing | What's This For? | Cost |
| Comprehensive Stool Analysis and Parasitology | Detects pathogenic microorganisms, evaluates beneficial bacteria levels, intestinal immune function, overall intestinal health, and inflammation markers | \$320.00 |
| Dutch Complete | Comprehensive assessment of sex and adrenal hormones and their metabolites | \$450.00 |
| Dutch Plus | Extensive assessment of sex and adrenal hormones and their metabolites - also assesses the Cortisol Awakening Response (CAR) and insomnia cortisol sample | \$600.00 |
| GI Map | Detects parasites, bacteria, fungi while also helping identify areas of GI dysfunction | \$385.00 |
| 96 IgG Food Sensitivity Panel | Measures IgG response to 96 commonly consumed foods | \$250.00 |
| lgG Food MAP w/Candida + Yeast | Analyzes 190 different foods common in Western, Asian, and Mediterranean diets, as well as candida and yeast, to determine food sensitivities | \$350.00 |
| IgE Environ. & Food Allergy | Measures antibodies for 285 environmental and food sources | \$250.00 |
| IgE Environmental Allergy | Measures reactions to 88 environmental allergens including mold, pet dander, and pollens | \$350.00 |
| Mold IgE Allergy | Measures Immunoglobulin antibodies to 11 common indoor and outdoor molds and Candida albicans, identifying allergy triggering molds and their sources | \$215.00 |
| Mycotox (mold/microtoxins) | Screen for eleven different mycotoxins, from 40 species of mold, in one urine sample | \$325.00 |
| The Organic Acids Test (OAT) | Provides a comprehensive metabolic analysis of a patient's overall health, including intestinal yeast and bacteria, vitamin and mineral levels, oxidative stress, neurotransmitter levels, and oxalates. | \$310.00 |
| Panels | What's This For? | Cost |
| Wellness Panel | Half of all U.S. adults have one or more chronic health conditions such as heart disease, diabetes, or obesity. The Wellness Panel helps identify issues before they start and can also assist in identifying problems earlier before they present themselves, such as liver disease, kidney disease, diabetes, thyroid disease, anemia, and cardiovascular disease. | \$185.00 |
| Cardiovascular Panel | Cardiovascular disease continues to be the leading cause of death in the United States. Nearly half of all heart attacks have no prior risk that would indicate the individual is in jeopardy of experiencing a cardiac event. Critical factors of cardiac risk assessment include the individual's personal and family history as well as laboratory test markers. Individuals who can potentially benefit from laboratory test assessment include those with diabetes, high blood pressure, poor diet, smokers, overweight/obese, lack of exercise, and advancing age. | \$230.00 |
| Detox Panel | The manufacturing, usage, and disposal of toxic chemicals and synthetic materials have increased the risk of exposure to health-threatening toxins. The Complete Detox Panel provides a noninvasive assessment of the capability of your hepatic detoxification. In simple terms, it screens for toxins so you can detox and support your body. | \$300.00 |
| Hormone Panel - Male or Female | Women, are you experiencing irregular menstrual cycles, infertility, hot flashes and night sweats, persistent weight gain, hair loss, pelvic pain, fatigue, cold hands and feet, or heavy menstrual bleeding? Men, are you experiencing low energy levels, low sex drive, struggling with fertility, low libido, erectile dysfunction, or mood changes? These panels assesses hormone balance, overall health, and healthy aging by measuring specific hormone levels and other markers to determine if there are any abnormalities which can lead to various health issues. | \$340.00 |